# Wentworth Falls Public School Newsletter April 4, 2024



#### **Important Dates**

#### Term 1 2024

- Monday 8 April Kindy Excursion to Charles Darwin Walk
- Monday 8 April Stage 2 Peasant Prince Workshop
- Friday 12 April Last day of Term

#### Term 2 2024

- Tuesday 30 April Students return for Term 2
- Friday 3 May Cross Country Carnival
- Monday 13 May Stage 2 Excursion to The Joan for The Peasant Prince
- Wednesday 15 May Stage 3 Excursion to Bathurst Goldfields
- Friday 17 May Zone Cross Country

# Inside this issue

- Principal's Message
- Smiling Mind

- Western Sydney Debating Camp
- School Leaders trip to Bodington Aged Care Facility
- Wentworth Falls Fire & Rescue Station Opening
- P&C Canteen News
- Public Notices



Welcome to the final newsletter of Term 1. It has definitely been a busy term and more than one person has commented on how quickly the term has flown by. I have had many occasions throughout the term where I have been very proud of what I see our students and staff do and everyone should be happy with their sustained effort over the eleven weeks.

Next week I will be on leave, travelling to South Australia for my son's wedding. During the final week of term Mrs Roberts will be relieving Principal, Mrs Rampton will be teaching KR for the week and Mr Kertesz will relieve as assistant principal for K-2.

Congratulations to our students who travelled to Olympic Park to represent the Blue Mountains at the Sydney West Swimming Championships. Our relay team Josie, Daisy, Margot and Maddy swam beautifully, smashing their time from the previous carnival and a mighty congratulations to Sophia who had a great day and has qualified to represent Sydney West at the state carnival in the 50m Freestyle. Well done to all of the girls!!

It has been fantastic seeing the huge numbers participating in kilometre club each week which is also great training for our upcoming cross country carnival. This will be in the first week back after the holidays (Friday 3rd May).

During the week before Easter, I had the privilege of taking our school leaders to Bodington Aged Care for a visit and to deliver Easter eggs to the residents. This is an amazing activity and is one of the proudest moments of being a Principal each year. Our leaders were exceptional, all taking it upon themselves to meet and greet the residents and spend a few minutes talking with them. It was easy to see the visit was a highlight to both the students and residents and is a perfect example of how easy it can be to do something that makes someone else's day. We have many more trips and activities planned to strengthen the ties between our school and Bodington through the year.

Anzac Day falls in the second week of the holidays this year. Once again, I will join our school leaders at the Wentworth Falls service. The school will hold a short Anzac Day assembly on Tuesday 30 April.

A couple of reminders to finish off the term. Please remember that daylight savings ends this weekend on Sunday 7 April and turn those clocks back. Finally, students return for Term 2 on Tuesday 30 April.

I hope everyone has a safe and happy break with family and friends.

Mr Giles

#### **Parking on Falls Road**

Parking around school in the morning and afternoon is problematic, with everyone trying to get a spot close to the school. Unfortunately, there have been a few issues with residents being able to get in or out of their driveways during the two peak times each day.

Please respect the residents around the school and not park in their driveways, or block their driveways, when dropping off or picking up each day.



Smiling Mind:

Our topic for first two weeks of next term will deal with recognising and managing our emotions.

Topic 6: Recognising Emotion

**Learning Intention:** To develop the ability to recognise emotions and understand their transient nature, thereby building emotional intelligence.

Students are taught how to recognise emotions in themselves and others. Weather is used as a metaphor for emotions, which helps students understand that emotions are always changing. Positive feelings are like a warm, sunny day while difficult emotions are like a stormy day. Students look at facial expressions, body language and voices as a way of identifying emotions. Words like good and bad are avoided and all emotions normalised with the stress placed on the fact that emotions change. Following the practice, students are asked to reflect on what they were feeling, thinking and if their internal weather changed.

Some stories:

The Way I Feel (kids books read aloud) | Stories Feelings

In My Heart: A Book of Feelings

# Western Sydney Debating Camp

Congratulations to the students who attended the Western Sydney Debating Camp recently. Sylvia, JoJo, Hettie and Mia attended 2 very full days of workshops and developed their skills in arguing (Sorry, parents!). At the end of the camp they were each placed into a team with students from other schools across the region and had 2 hours to develop a cohesive team case on the topic 'The Olympic Games unite the world'. Our students did a fabulous job delivering their 5 minute speeches and rebuttal – we are very proud of them all.

Mrs McKay and Mrs Dickens



# School Leaders trip to Bodington Aged Care Facility

The trip to Bodington Aged Care Facility where the student leaders went was an amazing time. We met elderly residents that were really lovely. There was a lady who was 101 years old, who received a letter

from King Charles after she turned 100 years old! There were many other amazing and joyful elderly people there. The people with dementia were very sweet and nice too. Charlie

My experience at Bodington was really fun. I got to meet so many new people and as soon as I saw them a smile showed up on their faces. It was really sweet and when I got back to school I was asking the teachers when we could visit again. It was a beautiful experience and I definitely want to go again. Kai



# Wentworth Falls Fire & Rescue Station Opening

On March 28th the Opera House Choir from Wenty went to go sing at the Wentworth Falls brand new Rescue Fire Station opening. All the Wenty kids were so happy we could sing for the fire station. All the fire fighters and police force were so nice and it was so cool that our choir could see the fire house opening. Thank you for letting us have such a great experience. Essy

Our experience at the Fire Station was amazing. On the 28th of March Wentworth Falls Public School were chosen to sing the National Anthem at the opening of the Wenworth Fire Station. The excited children of Wentworth Falls Public School were happy to be there. Eliza



# Join THE CANTEEN TEAM

Our Canteen provides cheap, healthy food for students and a break from the endless school lunch cycle.

#### It is run 100% by P&C volunteers.

Without parents donating their time our canteen wouldn't be able to operate. This is one of the most vital parts of the P&C.

Volunteering in the canteen is a simple way to become involved in and contribute to the school. Your child or children will love to see you there, and it is a wonderful way to meet other parents. Anyone can volunteer - you don't need any previous experience and we welcome everyone (including dads and grandparents).

Even if you can only spare 30 minutes a week, we would love to have your support. We are very flexible and appreciate anything you can give.

#### Shifts hours are:

8.30am-1.30pm 10.30am-11.30am 11am-1.30pm

Hours are negotiable based on volunteer availability.

EMAIL: canteenwfps@gmail.com



# **Community Notices**



# WENTWORTH FALLS PS

M1 APRIL 2024 BOOKINGS CLOSE - WED 10 APR BOOKINGS
Log into BookMe in your Hubhello account http://hubhello.com/#login

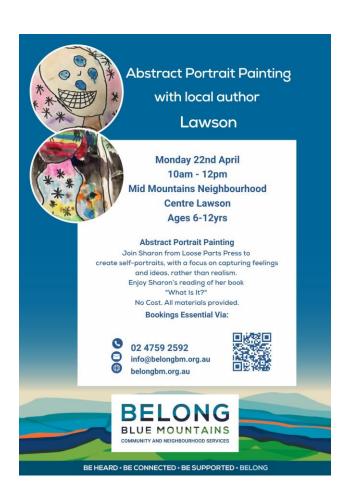


M2 APRIL 2024
BOOKINGS CLOSE - WED 17 APR

HOURS Mon to Fri: 7:00am - 6:00pm



Phase read 800% ME description for debated information - Excursion days - places lended \* TAEK is agg 8 and tree - Alternoon that provided - AEF indiagy Program subject to change - Each day please dring recess, bench and water bodies had, reaccest, social socials, covered stores and proper - AE labelled \* TAEK recommends braging lower and additional change of clothes for AE water formed days and in-service days in indiances of aproximenous water play.





### Lawson

Wednesday 17th April 10am - 12pm **South Lawson Parklands** Wilson Road

#### Nature storytime, walk and craft

Join Gill as she reads 'Life in a Hollow' followed by a walk where you can discover where our native animals find homes in the bush, then get creative with craft... Bring a rug and lunch and stay after for a family picnic.

No Cost. All materials provided.

**Bookings Essential Via:** 



02 4759 2592 info@belongbm.org.au belongbm.org.au





BE HEARD • BE CONNECTED • BE SUPPORTED • BELONG





A FREE program for children aged 7-13 and their families to become fitter, healthier and happier!



It's free and run after school for 10 weeks





confidence



Learn about healthy eating and keeping active





To check your eligibility and register: visit, go4fun.com.au call 1800 780 900 SMS 0409 745 645 for a call back



Term 2, 2024 locations: Penrith Katoomba St Marys





# **Contact Us**



#### Wentworth Falls Public School

# 02 4757 1604 | wentwthfal-p.school@det.nsw.edu.au |

52-58 Falls Road, Wentworth Falls, NSW 2782

Visit our website Wentworth Falls Public School